

IMPLEMENTING GENERAL PSYCHIATRIC CARE FOR PERSONALITY DISORDERS WITH TRANSFERENCE-FOCUSED PSYCHOTHERAPY (TFP) PRINCIPLES : "APPLIED" TFP



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Webinaire le 10 décembre 2024 de 16h30 à 18h00

Auditoire Aloïse-Corbaz – Nouvel hôpital – Bâtiment 60, rez – Salle 183 Site de Cery – 1008 Prilly suivi d'un apéritif

Entrée libre

Ou via Zoom :

https://zoom.us/j/95174802882?pwd=TcaPRrN1N1y9GQQiMnblcXEjf8qkM6.1

ID de réunion : 951 7480 2882 Code secret : 093547

La présentation se fera en anglais

The webinar will focus on the practical utility of key precepts of Transference-Focused Psychotherapy (TFP) in contemporary psychiatry.

TFP is one of the empirically validated psychotherapies for patients with borderline personality disorder (BPD); building on this evidence base, the webinar will illustrate how TFP principles can be utilized in the practice of clinical psychiatry in multiple clinical situations, with varying patient populations in different treatment settings, with adjustments from standard TFP protocol made accordingly.

Thus, this webinar will expand the focus about TFP by illustrating the applications of TFP principles beyond the extended, twice a week, outpatient individual psychotherapy format. Current outcome research points to the feasibility of "generalizing" effective ingredients of specialist psychotherapies to broader settings than the individual psychotherapy format. Mental health professionals such as psychiatrists, psychologists, social workers, nurses and mental health counselors, among others, and clinicians involved in public health systems may benefit from structuring their interventions along the solid framework provided by TFP-oriented "attitude, knowledge and skills". In the current evolving world of mental health services, where "standard" psychotherapies are scarcely accessible on a large basis by the increasing number of individuals suffering with PD, extending TFP principles beyond the individual psychotherapy modality fulfills a crucial public health role.

Chiara De Panfilis, MD, is an associate professor of Psychiatry in the Department of Medicine and Surgery, Unit of Neuroscience, University of Parma, Italy. Her research focuses on the potential social-cognitive mechanisms that shape the clinical picture and the psychosocial functioning of individuals suffering with personality disorders. She is a board member of the ISTFP, co-chair of the Applied TFP committee and she is clinically active in implementing general psychiatric care for personality disorders with TFP principles. She is a Board member of the European Society for the Study of Personality Disorders (ESSPD) and chair of the ESSPD section on Social Cognition and Interpersonal Functioning in personality disorders. She is co-founder and vice-president of the Personality Disorders Lab (Parma-Milan, Italy). She authored more than ninety peer-reviewed publications.



